

FELLOWSHIP IN SEXUAL MEDICINE

ABOUT THE UNIVERSITY

Malla Reddy Vishwavidyapeeth is a reputed educational institution located in Hyderabad, Telangana, India. Recognized as a “Deemed to be University under Distinct (Existing) Category,” the university offers multidisciplinary programs across medical, dental, nursing, pharmaceutical sciences, and allied health sciences. The institution emphasizes academic excellence, clinical expertise, innovation, and global collaboration in advancing healthcare education.

PROGRAM OVERVIEW

The Fellowship in Sexual Medicine is a one-year advanced program designed to provide healthcare professionals with specialized knowledge and skills in the diagnosis, treatment, and management of sexual health disorders.

The program focuses on:

- Diagnosis and management of male and female sexual dysfunction
- Hormonal and reproductive health related to sexual function
- Psychosexual counseling and relationship therapy
- Sexual health in chronic illnesses and aging
- Gender health and LGBTQ+ issues
- Holistic patient-centered care in sexual medicine

The fellowship integrates clinical exposure, theoretical learning, and research to develop comprehensive expertise in sexual medicine and patient care.

(Deemed to be University)

PROGRAM EDUCATIONAL OBJECTIVES (PEOS)

Graduates will be able to:

1. Develop expertise in diagnosing and treating sexual dysfunction in men and women.
2. Understand hormonal, psychological, and social factors affecting sexual health.
3. Apply medical, psychological, and pharmacological treatments for sexual disorders.
4. Provide counseling and guidance for sexual health and reproductive wellness.
5. Conduct research to improve treatment approaches in sexual medicine.

PROGRAM OUTCOMES (POS)

1. **Expertise in Male Sexual Dysfunction:** Diagnose and manage erectile dysfunction, premature ejaculation, and related conditions.
 2. **Expertise in Female Sexual Dysfunction:** Manage conditions such as arousal disorders, orgasmic dysfunction, and vaginismus.
 3. **Hormonal and Reproductive Health Understanding:** Address hormonal imbalances affecting sexual health.
 4. **Psychosexual Counseling Skills:** Provide counseling for relationship and psychological aspects of sexual health.
 5. **Gender and Sexual Orientation Awareness:** Deliver inclusive care for diverse sexual orientations and gender identities.
 6. **Research in Sexual Medicine:** Conduct research and apply evidence-based practices.
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COURSE OUTCOMES (COS)

- **CO1:** Diagnose male and female sexual dysfunctions and identify underlying causes.
 - **CO2:** Apply medical and psychological treatment approaches for sexual health disorders.
 - **CO3:** Provide psychosexual counseling and relationship therapy.
 - **CO4:** Apply hormonal and reproductive medicine principles in sexual health treatment.
 - **CO5:** Deliver inclusive care for individuals across gender identities and sexual orientations.
 - **CO6:** Conduct research and evaluate emerging treatments in sexual medicine.
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PROGRAM-SPECIFIC OUTCOMES (PSOS)

1. Demonstrate expertise in diagnosing and managing sexual health disorders.
 2. Apply multidisciplinary approaches combining medical and psychological treatments.
 3. Integrate research and clinical practice to improve sexual health outcomes.
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PROGRAM DETAILS

- **Certificate Awarded by:** Malla Reddy Vishwavidyapeeth
 - **Program Duration:** One-Year Fellowship
 - **Mode of Delivery:** Clinical Training + Theoretical Learning + Hands-on Practice
 - **Total Credits:** 40
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ELIGIBILITY CRITERIA

- **Academic Qualification:** MBBS with MD/DNB in Medicine, Obstetrics & Gynaecology, Urology, Endocrinology, Psychiatry, or equivalent medical qualifications
 - **Professional Requirement:** As per institutional norms
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KEY FEATURES

- Specialized training in diagnosis and treatment of sexual dysfunction
 - Multidisciplinary approach integrating medical and psychological care
 - Hands-on clinical exposure in sexual health clinics
 - Training in counseling and patient communication
 - Research-oriented approach to sexual medicine
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LEARNING OUTCOMES

KNOWLEDGE & UNDERSTANDING

Comprehensive understanding of sexual health disorders, reproductive medicine, and hormonal influences.

COGNITIVE SKILLS

Ability to analyze complex sexual health issues and develop appropriate treatment strategies.

PRACTICAL & PROFESSIONAL SKILLS

Clinical expertise in diagnosing sexual dysfunction, counseling patients, and managing treatments.

TRANSFERABLE SKILLS

Patient communication, counseling techniques, and ethical healthcare practice.

SUBJECT-SPECIFIC SKILLS

Advanced knowledge in sexual medicine, psychosexual therapy, and reproductive health.

CURRICULUM MODULES – THEORY

- Introduction to Sexual Medicine
- Male Sexual Dysfunction
- Female Sexual Dysfunction
- Hormonal Imbalances and Sexual Health
- Psychosocial Factors in Sexual Health
- Sexual Medicine and Aging
- Reproductive Health and Infertility
- Gender Health and LGBTQ+ Issues
- Sexual Dysfunction in Chronic Illness
- Research Methodology in Sexual Medicine

PRACTICAL COURSEWORK

- Clinical training in diagnosis of male and female sexual dysfunction
- Hormonal assessments related to sexual health
- Psychosexual counseling and relationship therapy
- Clinical case discussions and patient management
- Research project and clinical case documentation

CAREER OUTCOMES

Graduates of the Fellowship in Sexual Medicine can pursue careers as:

- Sexual Medicine Specialist
- Reproductive and Sexual Health Consultant
- Psychosexual Therapist
- Clinical Practitioner in Sexual Health Clinics
- Academic and Research Professional in Sexual Medicine

