

FELLOWSHIP IN SCHOOL MENTAL HEALTH

ABOUT THE UNIVERSITY

Malla Reddy Vishwavidyapeeth is a reputed educational institution located in Hyderabad, Telangana, India. Recognized as a “Deemed to be University under Distinct (Existing) Category,” the university offers multidisciplinary programs across medical, dental, nursing, pharmaceutical sciences, and allied health sciences. The institution emphasizes academic excellence, clinical expertise, innovation, and global collaboration in advancing healthcare education.

PROGRAM OVERVIEW

The Fellowship in School Mental Health is a one-year advanced program designed to train healthcare professionals in addressing mental health needs of children and adolescents within school settings.

The program focuses on:

- Mental health issues in children and adolescents in educational environments
- Early identification and intervention of psychiatric conditions
- Psychoeducation and mental health awareness programs
- Therapeutic interventions including CBT and Play Therapy
- Crisis intervention and behavioral management in schools
- Collaboration with teachers, parents, and school systems

The program integrates clinical training, school-based interventions, and research to ensure comprehensive expertise in school mental health.

(Deemed to be University)

PROGRAM EDUCATIONAL OBJECTIVES (PEOS)

Graduates will be able to:

1. Understand mental health challenges in school-aged children and adolescents.
 2. Design and implement preventive mental health programs in schools.
 3. Identify and manage psychiatric disorders early in educational settings.
 4. Apply therapeutic interventions suitable for children and adolescents.
 5. Manage crisis situations and behavioral issues in schools.
 6. Collaborate with educators, parents, and communities.
 7. Conduct research in school mental health.
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PROGRAM OUTCOMES (POS)

1. **Clinical Expertise:** Diagnose and manage mental health conditions in school settings.
2. **Preventive Care:** Implement school-based mental health programs.
3. **Crisis Management:** Handle behavioral issues, bullying, and emergencies.
4. **Therapeutic Skills:** Apply CBT, Play Therapy, and other interventions.
5. **Collaborative Approach:** Work with teachers, parents, and administrators.
6. **Advocacy & Policy:** Promote mental health awareness in educational systems.
7. **Research Orientation:** Contribute to advancements in school mental health.

COURSE OUTCOMES (COS)

- CO1: Identify mental health issues in school children and adolescents.
- CO2: Implement school-based mental health programs.
- CO3: Manage crises and behavioral challenges.
- CO4: Apply therapeutic interventions effectively.
- CO5: Integrate clinical care with educational systems.

PROGRAM-SPECIFIC OUTCOMES (PSOS)

1. Demonstrate expertise in school mental health practices.
2. Apply therapeutic and preventive strategies in educational settings.
3. Integrate multidisciplinary approaches involving school ecosystems.

PROGRAM DETAILS

- Certificate Awarded by: Malla Reddy Vishwavidyapeeth
- Program Duration: One-Year Fellowship
- Mode of Delivery: Clinical + Theoretical + Hands-on Training

ELIGIBILITY CRITERIA

- Academic Qualification: MD in Psychiatry / Clinical Psychology or equivalent
- Professional Requirement: As per institutional norms

KEY FEATURES

- Specialized training in school mental health
- Hands-on exposure to school-based interventions
- Training in CBT, Play Therapy, and child-focused therapies
- Focus on early identification and prevention

- Emphasis on crisis management and resilience building
 - Evidence-based and community-oriented approach
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LEARNING OUTCOMES

KNOWLEDGE & UNDERSTANDING

- Comprehensive understanding of mental health in educational settings
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COGNITIVE SKILLS

- Clinical decision-making in child and adolescent mental health
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PRACTICAL & PROFESSIONAL SKILLS

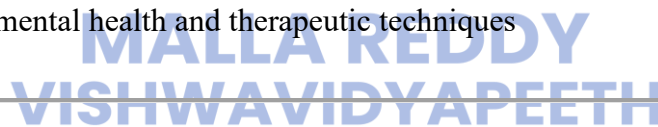
- Proficiency in school-based assessment and interventions
 - Hands-on experience in real-world school environments
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TRANSFERABLE SKILLS

- Communication with educators, parents, and stakeholders
 - Program development and implementation
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SUBJECT-SPECIFIC SKILLS

- Advanced school mental health and therapeutic techniques
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CURRICULUM MODULES – THEORY

SEMESTER 1: FUNDAMENTALS OF SCHOOL MENTAL HEALTH

- Introduction to School Mental Health
 - Developmental Psychology of Children and Adolescents
 - Common Mental Health Issues in Schools
 - Psychoeducation and Awareness Programs
 - Building Resilience in Children
 - Clinical Rotations
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SEMESTER 2: ADVANCED SCHOOL MENTAL HEALTH

- Therapeutic Interventions (CBT, Play Therapy, Art Therapy)
- Crisis Intervention and Behavioral Management
- Collaboration with Teachers and Parents

- School-wide Mental Health Programs
 - Legal and Ethical Issues in Schools
 - Research Project & Case Studies
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PRACTICAL COURSEWORK

- Assessment and diagnosis of student mental health conditions
 - Implementation of therapy sessions in school settings
 - Crisis and behavioral management
 - Case discussions and program planning
 - Psychoeducation sessions for students and staff
 - Documentation and clinical logbook
 - Research and dissertation work
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CAREER OUTCOMES

Graduates can pursue careers as:

- School Mental Health Specialist
- Child & Adolescent Psychiatrist / Psychologist
- School Counsellor / Consultant
- Mental Health Program Coordinator
- Academic and Research Professional

