

FELLOWSHIP IN PSYCHOSEXUAL MEDICINE

ABOUT THE UNIVERSITY

Malla Reddy Vishwavidyapeeth is a reputed educational institution located in Hyderabad, Telangana, India. Recognized as a “Deemed to be University under Distinct (Existing) Category,” the university offers multidisciplinary programs across medical, dental, nursing, pharmaceutical sciences, and allied health sciences. The institution emphasizes academic excellence, clinical expertise, innovation, and global collaboration in advancing healthcare education.

PROGRAM OVERVIEW

The Fellowship in Psychosexual Medicine is a one-year advanced program designed to train healthcare professionals in the diagnosis, treatment, and management of sexual dysfunctions and psychosexual disorders.

The program focuses on:

- Sexual dysfunctions including erectile dysfunction, orgasmic disorders, and low desire
- Psychological and physiological aspects of sexual health
- Psychotherapeutic interventions including CBT, sex therapy, and counselling
- Pharmacological treatments for sexual health conditions
- Sexual trauma, abuse, and relationship issues
- Holistic and multidisciplinary approaches to sexual well-being

The program integrates clinical training, psychotherapy, pharmacological management, and research to ensure comprehensive expertise in psychosexual medicine.

(Deemed to be University)

PROGRAM EDUCATIONAL OBJECTIVES (PEOS)

Graduates will be able to:

1. Understand physiological, psychological, and social aspects of sexual health.
 2. Diagnose and manage various sexual dysfunctions.
 3. Apply psychotherapeutic techniques such as CBT and sex therapy.
 4. Integrate medical and psychological treatment approaches.
 5. Manage sexual trauma and relationship-related issues.
 6. Conduct research in psychosexual medicine.
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PROGRAM OUTCOMES (POS)

1. **Clinical Expertise:** Diagnose and manage psychosexual disorders.
 2. **Therapeutic Skills:** Apply CBT, sex therapy, and counselling techniques.
 3. **Integrated Care:** Combine medical and psychological interventions.
 4. **Trauma Management:** Address sexual trauma and abuse sensitively.
 5. **Patient-Centered Care:** Improve sexual health and quality of life.
 6. **Research Orientation:** Contribute to advancements in psychosexual medicine.
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COURSE OUTCOMES (COS)

- CO1: Diagnose and treat sexual dysfunctions.
 - CO2: Apply psychotherapeutic interventions.
 - CO3: Use pharmacological treatments appropriately.
 - CO4: Manage sexual trauma and relationship issues.
 - CO5: Integrate clinical and psychological approaches in care.
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PROGRAM-SPECIFIC OUTCOMES (PSOS)

1. Demonstrate expertise in psychosexual medicine.
 2. Apply advanced therapeutic and clinical techniques.
 3. Integrate multidisciplinary approaches for holistic care.
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PROGRAM DETAILS

- Certificate Awarded by: Malla Reddy Vishwavidyapeeth
 - Program Duration: One-Year Fellowship
 - Mode of Delivery: Clinical + Theoretical + Hands-on Training
- MALLA REDDY
VISHWAVIDYAPEETH**
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ELIGIBILITY CRITERIA

- Academic Qualification: MD in Psychiatry / Clinical Psychology / Obstetrics & Gynaecology / Urology or equivalent
 - Professional Requirement: As per institutional norms
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KEY FEATURES

- Specialized training in psychosexual medicine
- Hands-on exposure to clinical assessment and therapy
- Training in CBT, sex therapy, and counselling techniques
- Focus on both medical and psychological aspects

- Emphasis on trauma-informed and patient-centered care
 - Evidence-based clinical practice
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LEARNING OUTCOMES

KNOWLEDGE & UNDERSTANDING

- Comprehensive understanding of sexual health and dysfunction
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COGNITIVE SKILLS

- Clinical decision-making in psychosexual disorders
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PRACTICAL & PROFESSIONAL SKILLS

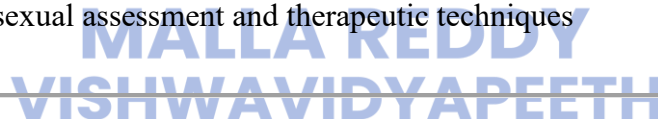
- Proficiency in psychotherapy and clinical interventions
 - Hands-on experience in patient assessment and treatment
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TRANSFERABLE SKILLS

- Patient communication and counselling
 - Relationship and family guidance
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SUBJECT-SPECIFIC SKILLS

- Advanced psychosexual assessment and therapeutic techniques
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CURRICULUM MODULES – THEORY

SEMESTER 1: FUNDAMENTALS OF PSYCHOSEXUAL MEDICINE

- Introduction to Psychosexual Medicine
 - Human Sexuality and Development
 - Psychological and Physiological Aspects of Sexual Dysfunction
 - Assessment of Sexual Health
 - Sexual Disorders in Men and Women
 - Clinical Rotations
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SEMESTER 2: ADVANCED PSYCHOSEXUAL TREATMENTS

- Cognitive Behavioral Therapy (CBT) for Sexual Dysfunction
- Sex Therapy and Psychosexual Counselling
- Pharmacological Interventions

- Sexual Trauma and Abuse
 - Mindfulness and Relaxation Techniques
 - Research Project & Case Studies
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PRACTICAL COURSEWORK

- Assessment and diagnosis of sexual dysfunction
 - Psychotherapy sessions (CBT, sex therapy)
 - Pharmacological management
 - Case discussions and clinical decision-making
 - Patient counselling and relationship guidance
 - Documentation and clinical logbook
 - Research and dissertation work
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CAREER OUTCOMES

Graduates can pursue careers as:

- Psychosexual Medicine Specialist
- Sexual Health Consultant
- Psychiatrist / Clinical Psychologist
- Relationship and Counselling Specialist
- Academic and Research Professional

