

## FELLOWSHIP IN GERIATRIC PSYCHIATRY

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### ABOUT THE UNIVERSITY

Malla Reddy Vishwavidyapeeth is a reputed educational institution located in Hyderabad, Telangana, India. Recognized as a “Deemed to be University under Distinct (Existing) Category,” the university offers multidisciplinary programs across medical, dental, nursing, pharmaceutical sciences, and allied health sciences. The institution emphasizes academic excellence, clinical expertise, innovation, and global collaboration in advancing healthcare education.

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### PROGRAM OVERVIEW

The Fellowship in Geriatric Psychiatry is a one-year advanced program designed to train healthcare professionals in the diagnosis, management, and treatment of psychiatric disorders in older adults.

The program focuses on:

- Dementia and cognitive disorders including Alzheimer’s disease
- Depression, anxiety, psychosis, and late-life mood disorders
- Neuropsychiatric symptoms in elderly patients
- Psychopharmacology and management of polypharmacy
- Psychotherapeutic approaches including CBT and reminiscence therapy
- Multidisciplinary and holistic geriatric mental healthcare

The program integrates clinical training, psychotherapy, pharmacological management, and research to ensure comprehensive expertise in geriatric psychiatry.

(Deemed to be University)

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### PROGRAM EDUCATIONAL OBJECTIVES (PEOS)

Graduates will be able to:

1. Diagnose and manage psychiatric disorders in elderly patients.
  2. Understand medical, psychological, and social aspects of aging.
  3. Apply pharmacological treatments safely in older adults.
  4. Use psychotherapeutic techniques tailored for elderly patients.
  5. Coordinate multidisciplinary care effectively.
  6. Address ethical and legal aspects in geriatric psychiatry.
  7. Conduct research in geriatric mental health.
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### PROGRAM OUTCOMES (POS)

1. Diagnostic Expertise: Identify psychiatric disorders in older adults.
2. Dementia Management: Manage cognitive disorders effectively.
3. Pharmacological Skills: Prescribe safely considering polypharmacy.
4. Psychotherapy Skills: Apply CBT and supportive therapies.
5. Multidisciplinary Care: Collaborate with healthcare teams and caregivers.
6. Ethical Practice: Address legal and ethical considerations in elderly care.
7. Research Orientation: Contribute to advancements in geriatric psychiatry.

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#### COURSE OUTCOMES (COS)

- CO1: Diagnose and manage geriatric psychiatric disorders.
- CO2: Manage dementia and cognitive disorders.
- CO3: Apply psychopharmacological treatments safely.
- CO4: Deliver psychotherapy tailored to elderly patients.
- CO5: Integrate multidisciplinary care approaches.

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#### PROGRAM-SPECIFIC OUTCOMES (PSOS)

1. Demonstrate expertise in geriatric psychiatry.
2. Apply advanced pharmacological and psychotherapeutic techniques.
3. Integrate multidisciplinary and patient-centered care approaches.

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#### PROGRAM DETAILS

- Certificate Awarded by: Malla Reddy Vishwavidyapeeth
- Program Duration: One-Year Fellowship
- Mode of Delivery: Clinical + Theoretical + Hands-on Training

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#### ELIGIBILITY CRITERIA

- Academic Qualification: MBBS or equivalent (Psychiatry / Neurology / General Medicine preferred)
- Professional Requirement: As per institutional norms

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#### KEY FEATURES

- Comprehensive training in geriatric psychiatry
- Hands-on exposure to dementia and cognitive disorder management
- Training in psychopharmacology and psychotherapy

- Focus on holistic and multidisciplinary elderly care
  - Emphasis on ethical and legal aspects
  - Evidence-based psychiatric practice
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## LEARNING OUTCOMES

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### KNOWLEDGE & UNDERSTANDING

- Comprehensive understanding of psychiatric disorders in older adults
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### COGNITIVE SKILLS

- Clinical decision-making in complex geriatric psychiatric cases
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### PRACTICAL & PROFESSIONAL SKILLS

- Proficiency in psychopharmacology and psychotherapy
  - Hands-on experience in clinical settings
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### TRANSFERABLE SKILLS

- Patient and caregiver communication
  - Multidisciplinary coordination
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### SUBJECT-SPECIFIC SKILLS

- Advanced geriatric psychiatric assessment and management
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## CURRICULUM MODULES – THEORY

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### SEMESTER 1: FUNDAMENTALS OF GERIATRIC PSYCHIATRY

- Introduction to Geriatric Psychiatry
  - Normal Aging and Mental Health
  - Psychiatric Disorders in Older Adults
  - Dementia and Cognitive Disorders
  - Pharmacology in Geriatric Psychiatry
  - Psychotherapy for the Elderly
  - Clinical Rotations
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### SEMESTER 2: ADVANCED GERIATRIC PSYCHIATRY

- Psychosis and Delirium in the Elderly
  - Neuropsychiatric Symptoms of Dementia
  - End-of-Life Care and Ethical Issues
  - Multidisciplinary Care Approaches
  - Caregiver Support and Family Dynamics
  - Research Project & Case Studies
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#### PRACTICAL COURSEWORK

- Psychiatric assessment of elderly patients
  - Management of dementia and mood disorders
  - Psychopharmacological treatment planning
  - Psychotherapy sessions
  - Case discussions and clinical decision-making
  - Documentation and clinical logbook
  - Research and dissertation work
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#### CAREER OUTCOMES

Graduates can pursue careers as:

- Geriatric Psychiatrist
- Mental Health Specialist for Elderly Care
- Clinical Practitioner in Geriatric Units
- Rehabilitation and Care Specialist
- Academic and Research Professional



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VISHWAVIDYAPEETH**  
(Deemed to be University)