

## FELLOWSHIP IN CHILD & ADOLESCENT PSYCHIATRY

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### ABOUT THE UNIVERSITY

Malla Reddy Vishwavidyapeeth is a reputed educational institution located in Hyderabad, Telangana, India. Recognized as a “Deemed to be University under Distinct (Existing) Category,” the university offers multidisciplinary programs across medical, dental, nursing, pharmaceutical sciences, and allied health sciences. The institution emphasizes academic excellence, clinical expertise, innovation, and global collaboration in advancing healthcare education.

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### PROGRAM OVERVIEW

The Fellowship in Child & Adolescent Psychiatry is a one-year advanced program designed to train healthcare professionals in the diagnosis, management, and treatment of psychiatric disorders in children and adolescents.

The program focuses on:

- Mood disorders, anxiety disorders, and behavioral conditions
- Attention-Deficit Hyperactivity Disorder (ADHD) and Autism Spectrum Disorders (ASD)
- Psychopharmacological management in children and adolescents
- Psychotherapeutic interventions including CBT, play therapy, and family therapy
- Trauma, stress-related disorders, and psychosocial factors
- Multidisciplinary and family-centered psychiatric care

The program integrates clinical training, psychotherapy, pharmacological management, and research to ensure comprehensive expertise in child and adolescent psychiatry.

(Deemed to be University)

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### PROGRAM EDUCATIONAL OBJECTIVES (PEOS)

Graduates will be able to:

1. Diagnose and manage psychiatric disorders in children and adolescents.
  2. Apply psychopharmacological treatments effectively.
  3. Utilize psychotherapeutic techniques including CBT, PCIT, and family therapy.
  4. Develop family-centered treatment plans.
  5. Manage special populations including developmental and behavioral disorders.
  6. Collaborate with multidisciplinary teams.
  7. Conduct research in child and adolescent psychiatry.
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### PROGRAM OUTCOMES (POS)

1. **Diagnostic Expertise:** Identify psychiatric disorders in children and adolescents.
2. **Pharmacological Skills:** Prescribe and manage psychotropic medications.
3. **Psychotherapy Skills:** Deliver CBT, play therapy, and family interventions.
4. **Disorder Management:** Manage ADHD, ASD, mood, and anxiety disorders.
5. **Family-Centered Care:** Develop holistic treatment approaches.
6. **Multidisciplinary Approach:** Collaborate with paediatricians, educators, and specialists.
7. **Research Orientation:** Contribute to advancements in child psychiatry.

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#### COURSE OUTCOMES (COS)

- CO1: Diagnose and treat child and adolescent psychiatric disorders.
- CO2: Apply psychopharmacological management.
- CO3: Deliver psychotherapy including CBT and play therapy.
- CO4: Manage trauma-related and behavioral disorders.
- CO5: Develop family-centered treatment plans.

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#### PROGRAM-SPECIFIC OUTCOMES (PSOS)

1. Demonstrate expertise in child and adolescent psychiatry.
2. Apply advanced pharmacological and psychotherapeutic techniques.
3. Integrate multidisciplinary and family-centered care approaches.

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#### PROGRAM DETAILS

- Certificate Awarded by: Malla Reddy Vishwavidyapeeth
- Program Duration: One-Year Fellowship
- Mode of Delivery: Clinical + Theoretical + Hands-on Training

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#### ELIGIBILITY CRITERIA

- Academic Qualification: MBBS or equivalent (Psychiatry / Paediatrics / Neurology preferred)
- Professional Requirement: As per institutional norms

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#### KEY FEATURES

- Comprehensive training in child and adolescent psychiatry
- Hands-on exposure to clinical and therapeutic interventions

- Training in CBT, play therapy, and family therapy
- Focus on ADHD, ASD, and mood disorders
- Emphasis on family-centered and multidisciplinary care
- Evidence-based psychiatric practice

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## LEARNING OUTCOMES

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### KNOWLEDGE & UNDERSTANDING

- Comprehensive understanding of child and adolescent psychiatric disorders

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### COGNITIVE SKILLS

- Clinical decision-making in complex psychiatric cases

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### PRACTICAL & PROFESSIONAL SKILLS

- Proficiency in psychopharmacology and psychotherapy
- Hands-on experience in clinical settings

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### TRANSFERABLE SKILLS

- Patient and family communication
- Multidisciplinary coordination

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### SUBJECT-SPECIFIC SKILLS

- Advanced child and adolescent psychiatric assessment and management

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## CURRICULUM MODULES – THEORY

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### SEMESTER 1: FUNDAMENTALS OF CHILD & ADOLESCENT PSYCHIATRY

- Introduction to Child & Adolescent Psychiatry
- Child Development and Psychiatry
- Common Psychiatric Disorders
- Psychopharmacology in Paediatric Psychiatry
- Psychotherapy Techniques (CBT, Play Therapy, PCIT)
- Clinical Rotations

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### SEMESTER 2: ADVANCED CHILD & ADOLESCENT PSYCHIATRY

- Autism Spectrum Disorders (ASD)
  - Attention-Deficit Hyperactivity Disorder (ADHD)
  - Mood Disorders
  - Trauma and Stress-Related Disorders
  - Eating Disorders and Behavioral Addictions
  - Psychosocial Factors and Family Dynamics
  - Research Project & Case Studies
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#### PRACTICAL COURSEWORK

- Psychiatric assessment and diagnosis
  - Psychopharmacological management
  - Psychotherapy sessions (CBT, play therapy, family therapy)
  - Clinical case discussions
  - Patient and family counselling
  - Case documentation and logbook
  - Research and dissertation work
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#### CAREER OUTCOMES

Graduates can pursue careers as:

- Child & Adolescent Psychiatrist
- Mental Health Specialist
- Clinical Practitioner in Paediatric Psychiatry Units
- Rehabilitation and Counseling Specialist
- Academic and Research Professional

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