

FELLOWSHIP IN AESTHETIC MEDICINE

ABOUT THE UNIVERSITY

Malla Reddy Vishwavidyapeeth is a reputed educational institution located in Hyderabad, Telangana, India. Recognized as a “Deemed to be University under Distinct (Existing) Category,” the university offers multidisciplinary programs across medical, dental, nursing, pharmaceutical sciences, and allied health sciences. The institution emphasizes academic excellence, clinical expertise, innovation, and global collaboration in advancing healthcare education.

PROGRAM OVERVIEW

The Fellowship in Aesthetic Medicine is a one-year advanced program designed for healthcare professionals who wish to specialize in aesthetic treatments and procedures.

The program focuses on:

- Non-invasive aesthetic procedures such as Botox and dermal fillers
- Laser treatments for skin rejuvenation and pigmentation management
- Chemical peels and skin resurfacing techniques
- Micro-needling and PRP therapy for skin regeneration
- Facial aesthetics and non-surgical body contouring
- Patient consultation and individualized aesthetic treatment planning

The program integrates theoretical learning, clinical exposure, and hands-on training to provide comprehensive expertise in modern aesthetic medicine.

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PROGRAM EDUCATIONAL OBJECTIVES (PEOS)

Graduates will be able to:

1. Develop expertise in non-invasive aesthetic procedures such as Botox, dermal fillers, and laser therapies.
 2. Understand advanced skin anatomy and cosmetic dermatology principles.
 3. Apply modern technologies for facial aesthetics and skin rejuvenation treatments.
 4. Improve patient consultation and communication skills for aesthetic practice.
 5. Conduct research and contribute to advancements in aesthetic medicine.
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PROGRAM OUTCOMES (POS)

1. **Expertise in Non-Surgical Aesthetic Procedures:** Perform minimally invasive aesthetic procedures including Botox, dermal fillers, and laser treatments.
 2. **Advanced Knowledge in Laser Technologies:** Utilize laser technology for skin rejuvenation, acne treatment, and pigmentation management.
 3. **Facial and Body Contouring Expertise:** Apply non-surgical techniques for facial enhancement and body contouring.
 4. **Mastery in Skincare Treatments:** Conduct procedures such as chemical peels, micro-needling, and PRP therapy.
 5. **Patient Care and Consultation Skills:** Develop personalized aesthetic treatment plans based on patient needs.
 6. **Aesthetic Medicine Research:** Contribute to research and evidence-based practices in aesthetic medicine.
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COURSE OUTCOMES (COS)

- **CO1:** Perform non-invasive aesthetic procedures including Botox injections and dermal fillers.
 - **CO2:** Apply skin rejuvenation treatments such as chemical peels and micro-needling.
 - **CO3:** Utilize laser and light-based technologies for skin resurfacing and pigmentation treatment.
 - **CO4:** Perform non-surgical facial and body contouring procedures.
 - **CO5:** Conduct patient consultation and develop individualized aesthetic treatment plans.
 - **CO6:** Conduct research and apply evidence-based practices in aesthetic medicine.
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PROGRAM-SPECIFIC OUTCOMES (PSOS)

1. Demonstrate expertise in advanced aesthetic dermatology techniques.
 2. Apply minimally invasive cosmetic procedures safely and effectively.
 3. Integrate innovative technologies and research into aesthetic clinical practice.
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PROGRAM DETAILS

- **Certificate Awarded by:** Malla Reddy Vishwavidyapeeth
 - **Program Duration:** One-Year Fellowship
 - **Mode of Delivery:** Clinical Training + Theoretical Learning + Hands-on Practice
 - **Total Credits:** 40
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ELIGIBILITY CRITERIA

- **Academic Qualification:** MBBS or equivalent medical degree in Dermatology, Plastic Surgery, or General Medicine
 - **Professional Requirement:** As per institutional norms
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KEY FEATURES

- Training in non-invasive and minimally invasive aesthetic procedures
 - Hands-on exposure to Botox, dermal fillers, and laser technologies
 - Clinical experience in aesthetic dermatology practices
 - Focus on patient consultation and treatment planning
 - Research-oriented training in aesthetic medicine
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LEARNING OUTCOMES

KNOWLEDGE & UNDERSTANDING

Comprehensive understanding of aesthetic dermatology, skin anatomy, and cosmetic procedures.

COGNITIVE SKILLS

Ability to evaluate patient concerns and select appropriate aesthetic treatment modalities.

PRACTICAL & PROFESSIONAL SKILLS

Hands-on expertise in Botox injections, dermal fillers, laser procedures, and skin rejuvenation techniques.

TRANSFERABLE SKILLS

Effective patient communication, consultation skills, and ethical aesthetic practice.

SUBJECT-SPECIFIC SKILLS

Advanced expertise in skin rejuvenation therapies, laser treatments, and minimally invasive cosmetic procedures.

CURRICULUM MODULES – THEORY

- Introduction to Aesthetic Medicine
- Skin Anatomy and Physiology
- Botox and Dermal Fillers

- Facial Aesthetics
 - Laser Technologies in Aesthetic Medicine
 - Chemical Peels and Skin Rejuvenation
 - Radiofrequency and Ultrasound in Aesthetics
 - Micro-Needling and PRP Therapy
 - Aesthetic Dermatology and Body Contouring
 - Research Methodology in Aesthetic Medicine
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PRACTICAL COURSEWORK

- Clinical training in Botox and dermal filler procedures
 - Laser treatments for hair removal and pigmentation management
 - Chemical peel and micro-needling procedures
 - Patient consultation and aesthetic evaluation
 - Clinical case discussions and research documentation
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CAREER OUTCOMES

Graduates of the Fellowship in Aesthetic Medicine can pursue careers as:

- Aesthetic Medicine Specialist
- Cosmetic Dermatology Practitioner
- Laser Therapy Specialist
- Clinical Practitioner in Aesthetic Clinics
- Academic and Research Professional in Aesthetic Medicine



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