

FELLOWSHIP IN ADDICTION PSYCHIATRY & REHABILITATION

ABOUT THE UNIVERSITY

Malla Reddy Vishwavidyapeeth is a reputed educational institution located in Hyderabad, Telangana, India. Recognized as a “Deemed to be University under Distinct (Existing) Category,” the university offers multidisciplinary programs across medical, dental, nursing, pharmaceutical sciences, and allied health sciences. The institution emphasizes academic excellence, clinical expertise, innovation, and global collaboration in advancing healthcare education.

PROGRAM OVERVIEW

The Fellowship in Addiction Psychiatry & Rehabilitation is a one-year advanced program designed to train healthcare professionals in the diagnosis, management, and rehabilitation of addiction-related disorders.

The program focuses on:

- Substance use disorders including alcohol, opioids, and stimulants
- Behavioral addictions such as gambling and internet addiction
- Neurobiology and psychological basis of addiction
- Pharmacological management including detoxification and relapse prevention
- Psychotherapeutic interventions including CBT and Motivational Interviewing
- Rehabilitation strategies for long-term recovery

The program integrates clinical training, psychotherapy, pharmacological management, and rehabilitation approaches to ensure comprehensive expertise in addiction psychiatry.

(Deemed to be University)

PROGRAM EDUCATIONAL OBJECTIVES (PEOS)

Graduates will be able to:

1. Identify and manage substance use and behavioral addictions.
 2. Understand neurobiological and psychological mechanisms of addiction.
 3. Apply pharmacological treatments for detoxification and relapse prevention.
 4. Use psychotherapeutic techniques such as CBT and Motivational Interviewing.
 5. Implement rehabilitation strategies for long-term recovery.
 6. Develop effective patient communication and individualized treatment plans.
 7. Conduct research in addiction psychiatry and rehabilitation.
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PROGRAM OUTCOMES (POS)

1. **Diagnostic Expertise:** Diagnose substance use and behavioral addictions effectively.
2. **Pharmacological Skills:** Apply detoxification and relapse prevention therapies.
3. **Psychotherapy Skills:** Deliver CBT, MI, and family-based interventions.
4. **Rehabilitation Skills:** Implement inpatient and outpatient recovery programs.
5. **Communication Skills:** Provide patient-centered counselling and care.
6. **Multidisciplinary Care:** Integrate psychiatry, psychology, and social support systems.
7. **Research Orientation:** Contribute to advancements in addiction psychiatry.

COURSE OUTCOMES (COS)

- CO1: Diagnose and manage addiction-related disorders.
- CO2: Apply pharmacological treatments in addiction care.
- CO3: Perform psychotherapeutic interventions.
- CO4: Implement rehabilitation and relapse prevention strategies.
- CO5: Integrate clinical, psychological, and social approaches in treatment.

PROGRAM-SPECIFIC OUTCOMES (PSOS)

1. Demonstrate expertise in addiction psychiatry and rehabilitation.
2. Apply advanced pharmacological and psychotherapeutic techniques.
3. Integrate multidisciplinary approaches for comprehensive addiction care.

PROGRAM DETAILS

- Certificate Awarded by: Malla Reddy Vishwavidyapeeth
- Program Duration: One-Year Fellowship
- Mode of Delivery: Clinical + Theoretical + Hands-on Training

ELIGIBILITY CRITERIA

- Academic Qualification: MBBS or equivalent (Psychiatry / Neurology / General Medicine preferred)
- Professional Requirement: As per institutional norms

KEY FEATURES

- Comprehensive training in addiction psychiatry
- Hands-on exposure to clinical and rehabilitation settings

- Training in CBT, Motivational Interviewing, and family therapy
- Focus on both pharmacological and psychotherapeutic care
- Emphasis on long-term recovery and relapse prevention
- Evidence-based clinical and rehabilitation practice

LEARNING OUTCOMES

KNOWLEDGE & UNDERSTANDING

- Comprehensive understanding of addiction mechanisms and treatment

COGNITIVE SKILLS

- Clinical decision-making in addiction diagnosis and management

PRACTICAL & PROFESSIONAL SKILLS

- Proficiency in pharmacological and psychotherapeutic interventions
- Hands-on experience in clinical and rehabilitation settings

TRANSFERABLE SKILLS

- Patient counselling and communication
- Personalized treatment planning

SUBJECT-SPECIFIC SKILLS

- Advanced addiction psychiatry and rehabilitation techniques



CURRICULUM MODULES – THEORY

SEMESTER 1: FUNDAMENTALS OF ADDICTION PSYCHIATRY

- Introduction to Addiction Psychiatry
- Neurobiology of Addiction
- Pharmacology of Addiction
- Psychotherapy in Addiction Treatment (CBT, MI, Family Therapy)
- Substance Use Disorders
- Clinical Rotations

SEMESTER 2: ADVANCED ADDICTION PSYCHIATRY & REHABILITATION

- Behavioral Addictions
 - Dual Diagnosis
 - Rehabilitation Techniques
 - Innovative Treatment Approaches
 - Addiction in Special Populations
 - Research Project & Case Studies
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PRACTICAL COURSEWORK

- Clinical assessment and diagnosis of addiction
 - Pharmacological management and detoxification
 - Psychotherapy sessions (CBT, MI)
 - Rehabilitation program participation
 - Case discussions and clinical decision-making
 - Documentation and clinical logbook
 - Research and dissertation work
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CAREER OUTCOMES

Graduates can pursue careers as:

- Addiction Psychiatrist
- Rehabilitation Specialist
- Mental Health Consultant
- Clinical Practitioner in De-addiction Centres
- Academic and Research Professional



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(Deemed to be University)