

## FELLOWSHIP IN PALLIATIVE CARE

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### ABOUT THE UNIVERSITY

Malla Reddy Vishwavidyapeeth is a reputed educational institution located in Hyderabad, Telangana, India. Recognized as a “Deemed to be University under Distinct (Existing) Category,” the university offers multidisciplinary programs in medical, dental, nursing, pharmaceutical sciences, engineering, and allied health sciences. The institution emphasizes academic excellence, clinical proficiency, innovation, and global collaborations, contributing significantly to advanced healthcare education and training.

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### PROGRAM OVERVIEW

The Fellowship in Palliative Care is a specialized clinical program designed to develop expertise in providing compassionate, holistic care for patients with life-limiting illnesses. The program focuses on:

- Principles of palliative and supportive care
- Pain and symptom management
- End-of-life care and ethical decision-making
- Psychosocial and spiritual support
- Communication skills in difficult clinical situations
- Multidisciplinary care approaches

The program integrates **theoretical learning, clinical exposure, and hands-on training**, ensuring competency in comprehensive palliative care.

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### PROGRAM EDUCATIONAL OBJECTIVES (PEOS)

Graduates will be able to:

1. Provide compassionate and patient-centered palliative care.
  2. Manage pain and complex symptoms effectively.
  3. Address psychosocial, emotional, and spiritual needs of patients and families.
  4. Deliver ethical and evidence-based end-of-life care.
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### PROGRAM OUTCOMES (POS)

1. **Clinical Expertise:** Manage pain and symptoms in patients with chronic and life-limiting illnesses.
2. **Holistic Care:** Address physical, emotional, psychological, and spiritual needs.

3. **Communication Skills:** Communicate effectively with patients and families in sensitive situations.
  4. **End-of-Life Care:** Provide ethical and compassionate end-of-life management.
  5. **Multidisciplinary Care:** Collaborate with healthcare teams for comprehensive care.
  6. **Support Systems:** Guide caregivers and families in patient care and decision-making.
  7. **Evidence-Based Practice:** Apply clinical guidelines and research in palliative care.
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#### COURSE OUTCOMES (COS)

- **CO1:** Understand principles of palliative and supportive care.
  - **CO2:** Manage pain and symptoms in terminal illnesses.
  - **CO3:** Provide end-of-life care and ethical decision-making.
  - **CO4:** Deliver psychosocial and emotional support.
  - **CO5:** Apply multidisciplinary care approaches.
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#### PROGRAM-SPECIFIC OUTCOMES (PSOS)

1. Demonstrate competency in providing holistic palliative care.
  2. Apply pain and symptom management strategies effectively.
  3. Integrate multidisciplinary approaches in end-of-life care.
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#### PROGRAM DETAILS

- **Certificate Awarded by:** Malla Reddy Vishwavidyapeeth
  - **Program Duration:** One-Year Fellowship
  - **Mode of Delivery:** Hybrid (Clinical Training + Theoretical Learning + Hands-on Practice)
- (Deemed to be University)
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#### ELIGIBILITY CRITERIA

- **Academic Qualification:** MBBS / MD/DNB in General Medicine / Oncology / Anesthesiology / Family Medicine or related fields
  - **Professional Requirement:** As per institutional and regulatory guidelines
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#### KEY FEATURES

- Specialized training in palliative and supportive care
- Hands-on clinical exposure in palliative care units
- Focus on pain and symptom management

- Training in end-of-life care and ethical practices
  - Integration of psychosocial and spiritual care
  - Strong emphasis on patient and family-centered care
  - Evidence-based clinical practice
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## LEARNING OUTCOMES

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### KNOWLEDGE & UNDERSTANDING

- Comprehensive understanding of palliative care principles and practices.
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### COGNITIVE SKILLS

- Clinical reasoning in managing complex symptoms and patient needs.
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### PRACTICAL & PROFESSIONAL SKILLS

- Proficiency in pain management, symptom control, and patient care.
  - Hands-on experience in palliative care clinical settings.
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### TRANSFERABLE SKILLS

- Communication and counseling skills for patients and families.
  - Ethical decision-making and documentation skills.
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### SUBJECT-SPECIFIC SKILLS

- Integrated management of patients with life-limiting illnesses.
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## CURRICULUM MODULES – THEORY

- Principles of Palliative Care
  - Pain and Symptom Management
  - End-of-Life Care and Ethics
  - Psychosocial and Spiritual Support
  - Communication Skills in Healthcare
  - Oncology and Chronic Illness Care
  - Pharmacological Management in Palliative Care
  - Supportive Care in Advanced Diseases
  - Rehabilitation and Quality of Life
  - Advances in Palliative Medicine
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## PRACTICAL COURSEWORK

- Clinical training in palliative care units and hospices
  - Pain and symptom assessment and management
  - End-of-life care and patient support
  - Communication with patients and families
  - Psychosocial and emotional care
  - Case documentation and clinical evaluation
  - Interdisciplinary patient care
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## CAREER OUTCOMES

Graduates of the Fellowship in Palliative Care can pursue careers as:

- Palliative Care Specialist
- Consultant in Oncology and Palliative Units
- Pain and Supportive Care Specialist
- Hospice and End-of-Life Care Practitioner
- Clinical Practitioner in Hospitals and Care Centers
- Academic and Research Roles in Palliative Medicine

