

FELLOWSHIP IN ADOLESCENT MEDICINE

ABOUT THE UNIVERSITY

Malla Reddy Vishwavidyapeeth is a reputed educational institution located in Hyderabad, Telangana, India. Recognized as a “Deemed to be University under Distinct (Existing) Category,” the university offers multidisciplinary programs across medical, dental, nursing, pharmaceutical sciences, and allied health sciences. The institution emphasizes academic excellence, clinical expertise, innovation, and global collaboration in advancing healthcare education.

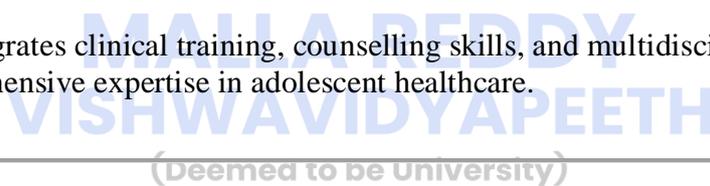
PROGRAM OVERVIEW

The Fellowship in Adolescent Medicine is a one-year advanced program designed to train healthcare professionals in the comprehensive care of adolescents, addressing their physical, psychological, and social health needs.

The program focuses on:

- Adolescent growth and development
- Nutritional and lifestyle disorders
- Mental health and behavioral issues
- Reproductive and sexual health
- Substance abuse and risk behaviors
- Preventive and community health

The program integrates clinical training, counselling skills, and multidisciplinary approaches to ensure comprehensive expertise in adolescent healthcare.



PROGRAM EDUCATIONAL OBJECTIVES (PEOS)

Graduates will be able to:

1. Develop expertise in adolescent medicine.
 2. Address physical, psychological, and social health issues.
 3. Manage adolescent mental health and behavioral disorders.
 4. Provide counselling on reproductive and sexual health.
 5. Promote preventive and lifestyle health strategies.
 6. Integrate multidisciplinary approaches in adolescent care.
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PROGRAM OUTCOMES (POS)

1. **Clinical Expertise:** Manage adolescent health conditions effectively.
 2. **Psychological Care:** Address mental and behavioral health issues.
 3. **Preventive Care:** Promote healthy lifestyle and preventive practices.
 4. **Counseling Skills:** Provide guidance on reproductive and social health.
 5. **Community Health:** Address adolescent health at population level.
 6. **Research Orientation:** Contribute to adolescent health research.
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COURSE OUTCOMES (COS)

- CO1: Diagnose and manage adolescent health issues.
 - CO2: Address mental health and behavioral conditions.
 - CO3: Provide counselling on reproductive and lifestyle health.
 - CO4: Promote preventive and community health strategies.
 - CO5: Integrate clinical and psychosocial care.
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PROGRAM-SPECIFIC OUTCOMES (PSOS)

1. Demonstrate expertise in adolescent medicine.
 2. Apply multidisciplinary healthcare approaches.
 3. Integrate clinical practice with psychosocial care.
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PROGRAM DETAILS

- Certificate Awarded by: Malla Reddy Vishwavidyapeeth
- Program Duration: One-Year Fellowship
- Mode of Delivery: Clinical + Counselling + Community + Theoretical Training

(Deemed to be University)

ELIGIBILITY CRITERIA

- Academic Qualification: MD/DNB Paediatrics or equivalent
 - Professional Requirement: As per institutional norms
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KEY FEATURES

- Advanced training in adolescent healthcare
- Hands-on exposure to counselling and clinical care
- Focus on mental health and lifestyle disorders
- Training in reproductive and preventive health
- Evidence-based multidisciplinary practice

LEARNING OUTCOMES

KNOWLEDGE & UNDERSTANDING

- Comprehensive understanding of adolescent health and development

COGNITIVE SKILLS

- Clinical decision-making in adolescent medicine

PRACTICAL & PROFESSIONAL SKILLS

- Proficiency in counselling and clinical management
- Hands-on experience in clinical and community settings

TRANSFERABLE SKILLS

- Communication and patient counselling

SUBJECT-SPECIFIC SKILLS

- Advanced adolescent healthcare and behavioral management

CURRICULUM MODULES – THEORY

SEMESTER 1: FUNDAMENTALS OF ADOLESCENT MEDICINE

- Adolescent Growth & Development
- Nutrition & Lifestyle Disorders
- Mental Health
- Reproductive Health
- Clinical Rotations

SEMESTER 2: ADVANCED ADOLESCENT MEDICINE

- Behavioral Disorders
 - Substance Abuse
 - Preventive Health
 - Community Medicine
 - Case Studies
 - Research Project
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PRACTICAL COURSEWORK

- Clinical case management
 - Counselling sessions
 - Community health programs
 - Case discussions
 - Documentation and reporting
 - Research work
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CAREER OUTCOMES

Graduates can pursue careers as:

- Adolescent Medicine Specialist
- Paediatric Consultant
- Community Health Specialist
- Clinical Researcher
- Academic and Teaching Professional



**MALLA REDDY
VISHWAVIDYAPEETH**
(Deemed to be University)