

## FELLOWSHIP IN ADOLESCENT GYNAECOLOGY

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### ABOUT THE UNIVERSITY

Malla Reddy Vishwavidyapeeth is a reputed educational institution located in Hyderabad, Telangana, India. Recognized as a “Deemed to be University under Distinct (Existing) Category,” the university offers multidisciplinary programs across medical, dental, nursing, pharmaceutical sciences, and allied health sciences. The institution emphasizes academic excellence, clinical expertise, innovation, and global collaboration in advancing healthcare education.

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### PROGRAM OVERVIEW

The Fellowship in Adolescent Gynaecology is a specialized clinical program designed to develop expertise in the management of gynecological and reproductive health issues in adolescents.

The program focuses on:

- Pubertal development and adolescent physiology
- Menstrual disorders in adolescents
- Polycystic Ovary Syndrome (PCOS) in adolescents
- Adolescent sexual and reproductive health
- Nutritional and hormonal disorders
- Counseling and preventive healthcare

The program integrates **theoretical learning, clinical exposure, and hands-on training**, ensuring competency in adolescent gynecological care.

(Deemed to be University)

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### PROGRAM EDUCATIONAL OBJECTIVES (PEOS)

Graduates will be able to:

1. Diagnose and manage gynecological disorders in adolescents.
  2. Address hormonal and menstrual abnormalities effectively.
  3. Provide age-appropriate reproductive health education and counseling.
  4. Deliver ethical and patient-centered adolescent healthcare.
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### PROGRAM OUTCOMES (POS)

1. **Clinical Expertise:** Diagnose and manage adolescent gynecological conditions.

2. **Hormonal Management:** Address menstrual disorders and endocrine issues such as PCOS.
  3. **Preventive Care:** Promote reproductive health education and early intervention.
  4. **Counseling Skills:** Provide psychological and emotional support to adolescents.
  5. **Nutritional Care:** Address nutritional and metabolic health concerns.
  6. **Multidisciplinary Care:** Collaborate with pediatricians, endocrinologists, and counselors.
  7. **Ethical Practice:** Ensure confidentiality and sensitive care for adolescents.
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#### COURSE OUTCOMES (COS)

- **CO1:** Understand adolescent physiology and pubertal development.
  - **CO2:** Diagnose and manage menstrual and hormonal disorders.
  - **CO3:** Provide reproductive health education and counseling.
  - **CO4:** Address nutritional and metabolic issues in adolescents.
  - **CO5:** Apply preventive and ethical healthcare practices.
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#### PROGRAM-SPECIFIC OUTCOMES (PSOS)

1. Demonstrate expertise in adolescent gynecological care.
  2. Apply hormonal and preventive strategies effectively.
  3. Integrate multidisciplinary approaches in adolescent healthcare.
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#### PROGRAM DETAILS

- **Certificate Awarded by:** Malla Reddy Vishwavidyapeeth
  - **Program Duration:** One-Year Fellowship
  - **Mode of Delivery:** Clinical Training + Theoretical Learning + Hands-on Practice
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#### ELIGIBILITY CRITERIA

- **Academic Qualification:** MBBS / MS (OBGY) / DNB (OBGY) or related specialties
  - **Professional Requirement:** As per institutional guidelines
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#### KEY FEATURES

- Specialized training in adolescent gynecology
- Hands-on clinical exposure in adolescent health clinics
- Focus on menstrual disorders and PCOS

- Training in counseling and preventive care
  - Integration of gynecology with pediatrics and endocrinology
  - Emphasis on ethical and confidential care
  - Evidence-based clinical practice
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## LEARNING OUTCOMES

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### KNOWLEDGE & UNDERSTANDING

- Comprehensive understanding of adolescent reproductive health.
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### COGNITIVE SKILLS

- Clinical reasoning in managing adolescent gynecological conditions.
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### PRACTICAL & PROFESSIONAL SKILLS

- Proficiency in diagnosis, counseling, and patient management.
  - Hands-on experience in adolescent healthcare settings.
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### TRANSFERABLE SKILLS

- Communication and counseling skills tailored for adolescents.
  - Ethical and confidential clinical practice.
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### SUBJECT-SPECIFIC SKILLS

- Integrated management of adolescent gynecological and endocrine disorders.
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## CURRICULUM MODULES – THEORY

- Pubertal Development and Adolescent Physiology
  - Menstrual Disorders in Adolescents
  - PCOS and Hormonal Disorders
  - Adolescent Sexual and Reproductive Health
  - Nutrition and Metabolic Health
  - Psychological Aspects and Counseling
  - Preventive Healthcare and Education
  - Hormonal Assays and Diagnostics
  - Ethical and Legal Aspects
  - Advances in Adolescent Gynaecology
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## PRACTICAL COURSEWORK

- Clinical training in adolescent gynecology clinics
- Diagnosis and management of menstrual disorders
- Counseling and reproductive health education
- Nutritional and hormonal assessment
- Preventive healthcare and awareness programs
- Case documentation and clinical evaluation
- Interdisciplinary patient care

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## CAREER OUTCOMES

Graduates of the Fellowship in Adolescent Gynaecology can pursue careers as:

- Adolescent Gynaecology Specialist
- Women's and Adolescent Health Consultant
- Reproductive Health Educator
- Clinical Practitioner in Hospitals and Clinics
- Preventive Healthcare Specialist
- Academic and Research Roles in Adolescent Health

