M.Sc. in Clinical Research 2 Years (4 Semesters)

Overview: The M.Sc. in Clinical Research is a postgraduate program designed for individuals who are interested in the field of clinical trials and research, specifically related to the testing of new drugs, medical devices, treatments, and therapies. The program focuses on the design, conduct, and analysis of clinical studies, while also covering regulatory affairs, ethics, and safety aspects. Students learn how to manage clinical trials from start to finish, ensuring that treatments are evaluated effectively and ethically.

Clinical research is a critical component of healthcare and pharmaceutical development, as it provides the evidence needed for the approval and safe use of new treatments. The M.Sc. in Clinical Research prepares students for careers in academia, pharmaceutical companies, contract research organizations (CROs), regulatory agencies, or healthcare institutions.

Affiliated Institution: School of Medical Sciences and Technology, Malla Reddy Vishwavidyapeeth (Deemed to be University)** The minimum eligibility for M.Sc. in Clinical Research is a pass in B.Sc with at least 50% marks in qualifying exam.

Key Highlights:

- ➤ Comprehensive Understanding of Clinical Trials: The program equips students with a deep understanding of clinical trial design, management, and analysis, including Phase I, II, III, and IV trials.
- Regulatory Affairs and Compliance: Learn about the legal and regulatory frameworks governing clinical research, such as Good Clinical Practice (GCP), ethical guidelines, and the approval processes of regulatory bodies like the FDA and FMA
- Pharmacovigilance and Drug Safety: Focus on monitoring and evaluating the safety of drugs and treatments after approval, including adverse event reporting and risk management.
- Research Methodology: Develop critical skills in research methodology, biostatistics, and data analysis, enabling students to assess clinical research data effectively.
- ➤ Ethical Issues in Clinical Trials: Gain a strong understanding of the ethical considerations involved in clinical research, including informed consent, patient confidentiality, and the protection of vulnerable populations.
- ➤ Clinical Trial Management and Operations: Study the principles of trial planning, patient recruitment, budgeting, and monitoring to ensure successful trial execution.
- ➤ Industry Partnerships and Internship Opportunities: Many programs offer collaborations with pharmaceutical companies, CROs, and healthcare institutions, providing students with practical industry experience.

Course Curriculum:

The M.Sc. in Clinical Research is typically a two-year program, with a combination of theoretical coursework, practical experience, and research.

Year 1:

Core Modules:

- > Introduction to Clinical Research: Overview of clinical research, including the types of clinical studies (observational vs. interventional), phases of clinical trials, and the role of clinical research in healthcare.
- ➤ Research Design and Methodology: Learn the fundamentals of clinical trial design, including randomization, control groups, blinding, and sample size calculation. Understand the difference between qualitative and quantitative research.
- ➤ **Biostatistics for Clinical Research**: Introduction to statistical methods used in clinical research, including data analysis, hypothesis testing, and interpretation of research findings.
- Pharmacology and Drug Development: Study the processes involved in drug discovery, development, and approval, from preclinical testing to clinical trials and market release.
- Ethics and Good Clinical Practice (GCP): Study ethical considerations in clinical trials, including informed consent, patient rights, ethical review boards, and adherence to GCP guidelines.
- Clinical Research Regulations and Compliance: Overview of the legal and regulatory frameworks governing clinical trials, including international standards, FDA, EMA, and ICH regulations.

Practical Training:

- Laboratory and computer-based learning focused on clinical trial data management, analysis, and reporting.
- Introduction to clinical research environments, including pharmaceutical companies, contract research organizations, and hospitals.

Year 2:

Advanced Modules:

- ➤ Clinical Trial Operations: In-depth study of the practical aspects of conducting clinical trials, including project management, monitoring, recruitment, and site management.
- > Pharmacovigilance and Drug Safety: Study the processes for monitoring the safety of drugs once they have been approved, including adverse event reporting, risk assessment, and regulatory requirements for drug safety.
- > Advanced Biostatistics: Advanced statistical methods for clinical research, including multivariate analysis, survival analysis, and interpretation of clinical data.
- Clinical Trial Management and Data Analysis: Learn how to manage clinical trial data, interpret results, and understand the importance of data integrity, accuracy, and confidentiality.

- Clinical Research and Regulatory Affairs: Focus on regulatory submission processes, including preparing clinical trial applications, risk management strategies, and market authorization procedures.
- > Epidemiology in Clinical Research: Study epidemiological methods used in clinical research, including cohort studies, case-control studies, and statistical methods for assessing public health interventions.

Research Project/Dissertation:

In the second year, students will complete a research project on a clinical research topic of their choice, such as the design of a clinical trial, the analysis of clinical data, or the study of a specific therapeutic area. The project culminates in a dissertation that demonstrates students' ability to conduct independent research.

Career and Academic Opportunities:

Career Opportunities:

Graduates of the M.Sc. in Clinical Research are well-positioned to pursue careers in a variety of sectors, including pharmaceuticals, biotechnology, contract research organizations (CROs), academic research, healthcare, and regulatory bodies. Possible career roles include:

- Clinical Research Associate (CRA): Manage and monitor clinical trials, ensuring compliance with regulatory standards, overseeing patient recruitment, and coordinating trial activities.
- ➤ Clinical Project Manager: Oversee the planning, execution, and completion of clinical trials, ensuring they are delivered on time and within budget.
- Pharmacovigilance Specialist: Monitor the safety and efficacy of pharmaceutical products after market release, report adverse events, and ensure regulatory compliance.
- Clinical Data Manager: Handle the collection, analysis, and reporting of clinical trial data, ensuring data integrity and accuracy.
- Regulatory Affairs Specialist: Ensure that clinical trials and medical products comply with the necessary regulatory requirements, preparing submissions for regulatory approval.
- Medical Monitor: Provide medical expertise during clinical trials, ensuring patient safety, and monitoring adverse events.
- ➤ Clinical Research Coordinator: Support clinical trials by coordinating administrative tasks, managing data, and assisting in site selection, patient recruitment, and protocol implementation.

Academic Opportunities:

Graduates of the M.Sc. in Clinical Research may choose to pursue further academic qualifications such as:

> **Ph.D. in Clinical Research or Clinical Pharmacology**: Engage in advanced research in clinical trial design, drug development, or therapeutic innovations.

- > **Postdoctoral Research**: Participate in advanced clinical research in specialized areas such as oncology, cardiology, or pharmacology.
- ➤ M.D. or M.B.B.S.: Some students may choose to pursue a medical degree to enhance their clinical knowledge and research expertise in clinical trials.

Research Prospects:

Clinical research offers numerous research opportunities, including:

- > **Drug Development and Trials**: Research focused on optimizing the design of clinical trials, improving patient recruitment, and ensuring more effective treatments.
- **Epidemiological Research**: Investigating public health issues, including the prevention, control, and treatment of diseases, using data from clinical trials.
- ➤ Patient-Centered Research: Focus on understanding patient experiences, improving patient outcomes, and developing personalized treatment plans.
- **Pharmacovigilance and Safety:** Conducting research into the safety of new drugs and therapies, including adverse drug reactions and risk management strategies.
- Regulatory Science: Researching regulatory frameworks, submission processes, and global clinical trial guidelines to improve the speed and efficiency of drug approval.

Professional Opportunities:

- ➤ Certified Clinical Research Professional (CCRP): A certification that can enhance career prospects for graduates, recognized by the Society of Clinical Research Associates (SoCRA).
- ➤ Clinical Research Certifications: Additional certifications in clinical research methodologies, regulatory affairs, or pharmacovigilance can further demonstrate expertise in specific areas of clinical trials.
- ➤ Medical Science Liaison (MSL): Serve as an expert in clinical research, interacting with healthcare professionals and pharmaceutical companies to communicate the latest research findings and treatment options.

Higher Education and Research Prospects:

- Ph.D. in Clinical Research: Graduates may pursue a Ph.D. to specialize in areas such as clinical trial design, drug safety, or epidemiology, advancing knowledge in clinical research.
- ➤ Postdoctoral Research: Engage in further research within universities, pharmaceutical companies, or healthcare institutions, contributing to the development of new therapeutic options.

Conclusion:

The **M.Sc. in Clinical Research** offers a rigorous and comprehensive education, preparing students for a career in clinical trials, pharmaceutical development, and healthcare research. By combining theoretical knowledge with practical experience in clinical trial design, data management, and regulatory affairs, this program provides a strong foundation for students aiming to make a significant impact in the healthcare industry.

Graduates of the M.Sc. in Clinical Research will find excellent career opportunities in clinical research organizations, pharmaceutical companies, regulatory bodies, and research institutions, with prospects for further education and research in clinical trial methodologies, drug safety, and medical innovation.

Labs

- 1. Clinical Trial Simulation Lab
 - Study Design & Trial Management:
 - ✓ Software for clinical trial management (CTMS)
 - ✓ Electronic data capture (EDC) systems
 - ✓ Good Clinical Practice (GCP) training modules
 - > Patient Recruitment & Data Collection:
 - ✓ Simulated patient records & case report forms (CRF)
 - ✓ Biometric identification tools for trial participants
 - > Adverse Event Monitoring:
 - ✓ Pharmacovigilance software (WHO Vigibase, MedDRA coding)
 - ✓ Signal detection algorithms for drug safety monitoring
- 2. Biostatistics & Data Analysis Lab
 - > Statistical & Data Management Software:
 - ✓ SPSS, SAS, R, STATA for clinical data analysis
 - ✓ Meta-analysis tools for systematic reviews
 - ✓ Bayesian modeling software for predictive analytics
 - **Big Data & AI in Clinical Research:**
 - ✓ Machine learning tools (Python, TensorFlow)
 - ✓ Real-world evidence (RWE) platforms for observational studies
- 3. Clinical Pharmacology & Bioanalytics Lab
 - **>** Pharmacokinetics & Drug Metabolism:
 - ✓ HPLC & LC-MS/MS for drug plasma level quantification
 - ✓ Microplate readers for enzyme kinetics studies
 - ✓ Dissolution testing apparatus for bioavailability studies
 - > Toxicology & Safety Assessment:
 - ✓ Cell culture facilities for cytotoxicity assays

- ✓ Ames test setup for genotoxicity studies
- 4. Regulatory Affairs & Ethics Lab
 - **Regulatory Compliance & Documentation:**
 - ✓ ICH-GCP, FDA, EMA regulatory submission training
 - ✓ Ethical review board (IRB/IEC) case studies
 - **➤** Clinical Trial Ethics & Informed Consent:
 - ✓ Simulated consent-taking stations
 - ✓ Case studies on ethical dilemmas in research
- 5. Biomarker & Genomic Research Lab
 - Personalized Medicine & Genomics:
 - ✓ PCR & Next-Generation Sequencing (NGS) for genetic markers
 - ✓ Bioinformatics tools for pharmacogenomics
 - Biobanking & Sample Storage:
 - ✓ -80°C freezers for sample preservation
 - ✓ Automated biobank management systems
- 6. Epidemiology & Public Health Research Lab
 - ➤ Disease Surveillance & Epidemiological Modeling:
 - ✓ Geographic Information Systems (GIS) for outbreak tracking
 - ✓ R, EpiInfo for epidemiological studies
 - **▶** Health Economics & Outcome Research (HEOR):
 - ✓ Cost-effectiveness analysis (CEA) software
 - ✓ Quality-adjusted life year (QALY) calculators



PROGRAM OUTCOMES (POs)

| РО | Program Outcomes | | | |
|------|---|--|--|--|
| | Fundamentals of Clinical Research- | | | |
| PO-1 | Understand the principles, methodologies, and importance of clinical research in drug and | | | |
| | medical device development. | | | |
| | Good Clinical Practice (GCP) & Regulatory Compliance- | | | |
| PO-2 | Demonstrate knowledge of international and national guidelines (ICH-GCP, FDA, | | | |
| | CDSCO) and ethical considerations in clinical trials. | | | |
| | Clinical Trial Design & Data Management- | | | |
| PO-3 | Develop expertise in clinical trial phases, protocol development, statistical analysis, and | | | |
| | data management techniques. | | | |
| | Pharmacovigilance & Drug Safety Monitoring- | | | |
| PO-4 | Learn principles of adverse drug reaction (ADR) reporting, risk assessment, and | | | |
| | regulatory requirements for drug safety. | | | |
| | Biostatistics & Research Methodology- | | | |
| PO-5 | Apply statistical tools for clinical trial data analysis, interpretation of results, and | | | |
| | evidence-based decision-making. | | | |
| | Ethics & Patient Rights in Clinical Research- | | | |
| PO-6 | Understand the ethical principles, informed consent process, and patient rights in clinical | | | |
| | studies. | | | |
| | Medical Writing & Scientific Communication- | | | |
| PO-7 | Develop skills in writing clinical trial reports, regulatory submissions, and scientific | | | |
| | publications. | | | |
| | Career Readiness & Industry Applications- | | | |
| PO-8 | Gain practical knowledge required for careers in clinical research organizations (CROs), | | | |
| | pharmaceutical companies, and regulatory agencies. | | | |



$\label{eq:course_structure} \textbf{COURSE STRUCTURE} - \textbf{M.Sc. Clinical Research} \\ \textbf{SEMESTER} - \textbf{I}$

| Sl. | Broad Category | Course Code Name of the Subject/Practical | Contact hours/week | | Credits | | |
|---------------------|---|---|---|---|---------|----|----|
| No. | | | | | T | P | - |
| 1. | | MSCR 101 | Research Methodology and Development of Protocols | 2 | 1 | 0 | 3 |
| 2. | Major (Core) | MSCR102 | Biostatistics | 2 | 1 | 0 | 3 |
| 3. | | MSCR103 | Ethics and Regulatory Affairs | 2 | 1 | 0 | 3 |
| 4. | | MSCR104 | Basics of Clinical Trials: Design and Conduct | 2 | 0 | 2 | 3 |
| | Minor | 7 | | | | | |
| | Select any two | | 1. Epidemiology | 2 | 0 | 2 | |
| | minor courses, | MSCR105 | 2. Pharmacovigilance | | | | |
| 5. | each worth 3 credits, for a maximum of 6 credits per semester | | 3. Health Economics4. Research Methodology & Biostatistics | 2 | 0 | 2 | 6 |
| | Skill Enhancement Courses | | 1. Scientific Writing and Communication | 0 | 0 | 2 | |
| 6. | | MSCR106 | 2. Data Management in Clinical Research | 0 | 0 | 2 | 2 |
| | Total | | | | 3 | 10 | 20 |
| Total Contact Hours | | | | | 25 | | 20 |



Course outcome for the major course of Clinical Research

| Course Name | Course Outcomes |
|--|--|
| Research Methodology and Development of Protocols | Understand the fundamental principles of research design, methodology, and protocol development. Formulate research questions, hypotheses, and study objectives. Develop structured research protocols, including study design, sampling methods, and data collection techniques. Apply scientific writing skills to develop research proposals and grant applications. Understand ethical considerations, informed consent, and good clinical practice (GCP) guidelines in research. |
| Biostatistics | Understand basic and advanced statistical concepts used in biomedical research. Apply appropriate statistical tests for data analysis in clinical and epidemiological studies. Interpret statistical results, including p-values, confidence intervals, and effect sizes. Use statistical software for data analysis and visualization. Critically evaluate the statistical methodology in scientific literature. |
| Ethics and Regulatory Affairs | Understand ethical principles in medical research, including autonomy, beneficence, and justice. Discuss international and national ethical guidelines, including ICH-GCP and Declaration of Helsinki. Analyze the role of Institutional Review Boards (IRBs) and Ethics Committees in research approval. Understand regulatory requirements for drug development, clinical trials, and medical devices. Evaluate ethical challenges in clinical research, including conflicts of interest and patient rights. |
| Basics of Clinical Trials: Design and Conduct | Understand different phases of clinical trials and their objectives. Design clinical trials, including randomization, blinding, and endpoint selection. Learn regulatory and ethical considerations in conducting clinical trials. Understand data management, monitoring, and adverse event reporting in clinical research. Analyze case studies of successful and failed clinical trials to assess best practices. |



Course outcome for the minor course of Clinical Research

| Course Name | Course Outcomes |
|---|--|
| Epidemiology | Understand the basic principles and methods of epidemiology. Analyze disease patterns, distribution, and determinants in populations. Evaluate different study designs, including cohort, case-control, and cross-sectional studies. Interpret epidemiological data to inform public health policies and clinical research. Assess the role of epidemiology in disease prevention and control. |
| Pharmacovigilance | Understand the principles of drug safety monitoring and adverse event reporting. Explain the role of regulatory agencies (e.g., FDA, EMA) in pharmacovigilance. Identify methods for detecting, assessing, and preventing adverse drug reactions (ADRs). Analyze risk-benefit assessment strategies for marketed and investigational drugs. Evaluate real-world case studies of drug safety signals and postmarketing surveillance. |
| Health Economics | Understand the fundamental concepts of health economics and cost-effectiveness analysis. Analyze healthcare financing models and their impact on clinical decision-making. Evaluate economic models used in health technology assessment (HTA). Assess the role of economic evaluations in drug pricing and reimbursement policies. Understand the application of health economics in clinical research and public health interventions. |
| Research Methodology & Biostatistics | - Understand the principles of research design, hypothesis formulation, and study methodology. - Apply statistical methods for analyzing clinical and epidemiological data. - Interpret research findings, including p-values, confidence intervals, and regression models. - Use biostatistical software for data management and analysis. - Develop skills for critically evaluating scientific literature and evidence-based research. |

 $M.Sc.\ in\ Clinical\ Research-Course\ Structure\ \&\ Syllabus$



Course Duration: 2 Years (4 Semesters)

Total Credits: 80–100

Total Teaching & Training Hours: ~3,600

Total Teaching Hours Distribution

➤ Theory Classes: ~1,200–1,500 hours

➤ Practical & Laboratory Training: ~800–1,000 hours

➤ Clinical Internship & Hands-on Training: ~800–1,000 hours

➤ Research Project & Dissertation: ~300–500 hours

Assessment Methods

| Assessment Component | Weightage (%) | Details | |
|---|--------------------------|--|--|
| Continuous Internal Assessment (CIA) | 40% | Includes internal exams, assignments, presentations, case studies, and practical performance | |
| End-Semester Examination (ESE) | 60% | Divided into theory (40%) and practical (20%) | |
| Mid-Semester Exams | 20% (Part of CIA) | Two internal tests per semester | |
| Assignments & Case Studies | 5% (Part of CIA) | Research-based assignments, literature reviews, clinical case reports | |
| Seminars & Presentations | 5% (Part of CIA) | Oral/poster presentations on diabetes management | |
| Practical Performance & Clinical Evaluation | 5% (Part of CIA) | Skill-based assessments in labs/hospitals | |
| Attendance & Participation | 5% (Part of CIA) | Regularity in theory & practical sessions | |
| Theory Examination (Final) | 40% (Part of ESE) | Structured written paper covering subject knowledge | |
| Practical Examination (Final) | 20% (Part of ESE) | Includes viva, skill demonstration, case handling | |
| Dissertation/Research Project | Mandatory | Evaluated in the final year by internal & external examiners | |
| Clinical Internship/Training | Pass/Fail | Logbook-based evaluation with hospital mentor review | |

Marking System & Grading

| Marks (%) | Grade | Grade Point (GPA/CGPA Equivalent) | Classification |
|--------------|--------------------|--------------------------------------|---------------------------------|
| 90 - 100 | O (Outstanding) | 10 | First Class with Distinction |
| 80 - 89 | A+ (Excellent) | 9 | First Class with Distinction |
| 70 - 79 | A (Very Good) | 8 | First Class |
| 60 - 69 | B+ (Good) | 7 | First Class |
| 50 - 59 | B (Satisfactory) | 6 | Second Class |
| <50 (Fail) | F (Fail) | 0 | Fail (Re-exam Required) |

Pass Criteria:

- Minimum 50% marks in each subject (Theory & Practical separately).
- > Aggregate of 55% required for progression to the next semester.
- > No more than two backlogs allowed for promotion to the final year.

Exam Pattern for Theory & Practical

A. Theory Examination Pattern

Total Marks: 100 (Converted to 40% for End-Semester Assessment)

Duration: 3 Hours

| Section | Question Type | No. of Questions | Marks per Question | Total Marks |
|--------------|---------------------------------|---------------------|-----------------------|----------------|
| Section A | Short Answer Type (SAQ) | 10 (Attempt all) | 2 | 20 |
| Section B | Long Answer Type (LAQ) | 5 (Attempt any 4) | 10 | 40 |
| Section C | Case-Based/Clinical Scenario | 3 (Attempt any 2) | 15 | 30 |
| Section D | MCQs/Objective Type | 10 (Compulsory) | 1 | 10 |
| Total | | | | 100 |

Weightage:



- ➤ Clinical Trial Design & Methodology 40%
- ➤ Regulatory Affairs & Ethical Considerations 30%
- ➤ Biostatistics & Data Management 20%
- ➤ Pharmacovigilance & Drug Safety Monitoring 10%

Passing Criteria: Minimum 50% (50/100 marks)

B. Practical Examination Pattern

Total Marks: 100 (Converted to 20% for End-Semester Assessment)

Duration: 4–6 Hours

| Component | Marks Distribution |
|---|-----------------------|
| Clinical Trial Design & Protocol Development | 30 |
| OSCE (Objective Structured Clinical Examination) – Skill Demonstration | 25 |
| Regulatory & Ethical Compliance in Clinical Research | 20 |
| Lab-Based Examination (Data Collection, Biostatistics, Adverse Event Reporting) | 15 |
| Record Work (Logbook & Assignments) | 10 |
| Total | 100 |

OSCE (Skill-based Assessment) includes stations on:

- ➤ Good Clinical Practice (GCP) Guidelines & Ethical Considerations
- > Informed Consent Process & Documentation
- > Clinical Data Collection, Monitoring & Management
- ➤ Adverse Event & Safety Reporting in Clinical Trials

Passing Criteria: Minimum 50% (50/100 marks) in practicals.

Recommended Books & E-Resources

Textbooks

- > "Principles and Practice of Clinical Research" John I. Gallin
- ➤ "Fundamentals of Clinical Trials" Lawrence M. Friedman
- ➤ "Clinical Trials: A Methodologic Perspective" Steven Piantadosi
- > "Good Clinical Practice: Standard Operating Procedures for Clinical Researchers" Josef Kolman



E-Resources & Journals

- > International Journal of Clinical Trials
- > ClinicalTrials.gov (NIH) <u>www.clinicaltrials.gov</u>
- > International Conference on Harmonisation (ICH) www.ich.org
- > Pharmaceutical Research (Springer Journal)

Career Opportunities after M.Sc. in Clinical Research

- ➤ Clinical Research Associate (CRA) in Pharma & CROs
- ➤ Clinical Data Manager in Research Organizations
- ➤ Regulatory Affairs Specialist in Drug Approval & Compliance
- ➤ Medical Writer & Research Coordinator
- Clinical Trial Auditor & Monitor

