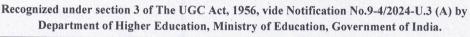


MALLA REDDY VISHWAVIDYAPEETH

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Ref. No: MRV/IQAC/2025-26/14

Date: 13-11-2025

CIRCULAR

Subject: Awareness and Promotion of Tele-MANAS Mental Health Services – Reg.

Dear All Principals, Deans, IQAC Coordinators & Student Welfare Committees,

The University Grants Commission (UGC) has issued directions to all Higher Education Institutions to create widespread awareness about the **Tele Mental Health Assurance and Networking Across States (Tele-MANAS)** programme launched by the Ministry of Health & Family Welfare (MoHFW).

Tele-MANAS is a free, 24×7 national tele-mental health service, operational across all States and Union Territories, offering counselling and mental health support in 20 languages through 14416 and 1800-891-4476.

IEC awareness videos provided by MoHFW must be screened during:

- Student Induction Programme (SIP)
- Wellness campaigns
- Classroom awareness sessions
- Library activity hours
- Anti-Ragging Week / Mental Health Week

IEC Videos Link (UGC):

https://drive.google.com/drive/u/0/folders/1B EvQV3Gv80Moz x5T-mhVoKsVCEWEKU

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Copy to:

- 1. Hon'ble Chancellor, Malla Reddy Vishwavidyapeeth
- 2. Hon'ble Vice Chancellor, Malla Reddy Vishwavidyapeeth
- 3. Registrar, Malla Reddy Vishwavidyapeeth
- 4. Deans/ Principals/ Directors/ of all Constituent Colleges/Schools of Eminence, Malla Reddy Vishwavidyapeeth

IQAC Coordinator

IQAC Coordinator

MALLA REDDY VISHWAVIDYAPEETH

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